

Send Home and Stay Home Guidelines During COVID-19

Individuals sent home are referred to a healthcare provider for evaluation on whether testing is needed.

Two of the following:

1. Body aches/muscle aches
2. Chills
3. Shivers
4. Fatigue
5. Headache
6. Nausea or vomiting
7. Diarrhea
8. Sore throat
9. Fever of 100.4 or greater
10. Congestion

OR

One of the following:

1. Difficulty breathing
2. New loss of taste or smell
3. New cough
4. Shortness of breath
5. Household member awaiting results of COVID testing (until confirmed negative)

OR

Student has been within 6 feet of somebody diagnosed with or presumed to have COVID-19 for greater than 15 mins

OR

Student has traveled to another state outside the NY/NJ/CT/PA area within 14 days
(Reminder- all unnecessary travel is discouraged)

COVID-19 Return to School Guidelines

Positive COVID Test with Symptoms

Negative COVID Test with Symptoms

Not COVID Tested

Quarantine after COVID Exposure

May return after 10 days
AND
No fever for 24 hours without use of medications
AND
Symptoms have improved

May return when fever free for 24 hours without the use of medication
AND
Symptoms have improved

May return after 10 days
AND
No fever for 24 hours without medication
AND
Symptoms have improved

A quarantine of 14 days is still the “gold standard” for post-exposure quarantine, however updated CDC guidelines now allow for return after 7 days with a **negative** COVID test taken on post-exposure day 5 or 6;
OR
May return after 10 days if not COVID tested and symptom free

If fever was the ONLY symptom, student can return once 24 hours fever free without use of medication.